



JOINT COMMISSION JEWELS



Pastoral Care at Trinitas
Regional Medical Center

The Pastoral Care Department offers emotional and spiritual support to the patients, their families and staff of TRMC.

Role of the Hospital Chaplain:

To provide for the spiritual needs of our patients and their families/loved ones.

- ◆ Times of crisis are times when our spiritual needs are heightened.
- ◆ Spiritual needs vary with each person.
- ◆ By helping a person tap into their own spirituality to find their inner strength, we help a person deal with crisis and facilitate the healing process.

To provide for the religious needs of our patients and their families/loved ones.

- ◆ Times of crisis are times when our religious needs are heightened.
- ◆ Religious needs flow out of the particular faith or religious denomination to which a person belongs.
- ◆ By providing religious rituals/customs that are meaningful, we help a person tap into their inner strength enabling them to deal with crisis and facilitate the healing process.

To contact the Pastoral Care Department:

Directors Office: 994-5011
Staff Office: 994-5119

or

The hospital Operator will contact the chaplain through the beeper system.

The Nature of Spirituality

As healthcare workers at Trinitas Hospital, we encounter not only a diversity of cultures, philosophies and religious traditions, but also individuals who have no clearly defined philosophy or belief system. Florence Nightingale recognized that, "The needs of the spirit are as critical to health as those individual organs which make up the body". Many times, these spiritual needs will go unnoticed, especially if expressed outside of a religious framework. In order to meet the spiritual needs of all of our patients, we must be able to distinguish between religion and spirituality. We must remember, however, that spiritual care does not imply an attempt to win converts to a particular point of view. Rather, it is a response to a specific need of the patient.

Religion may be defined as a system of faith and worship, incorporating beliefs, values, rules of conduct and rituals. Spirituality, however, may not always be expressed within a religious framework. Spirituality incorporates an awareness of meaning, purpose and values in life.

Spiritual care involves awareness of the person's culture, social and spiritual preferences, as well as a respect for their spiritual beliefs and religious practices. In providing spiritual care to our patients, we must remember our own limitations and make referrals to other members of the healthcare team, such as Pastoral Care.

Mission, Vision and Values of TRMC

Mission: *to provide compassionate care to all, that incorporates advanced standards of medical treatment.*

Vision: *To be the premier healthcare provider in central New Jersey that supports and strengthens the Vision of Trinitas Health; exemplifies service excellence; is recognized for outstanding medical and nursing service; and is acclaimed as the healthcare provider of choice.*

Values:

Compassion: *To provide service to all in a caring, personalized manner*

Community: *To be an advocate for a society in which every person can realize his or her full potential and achieve the common good.*

Reverence for life: *Respect the dignity and value of life in every stage and condition.*

Responsible Stewardship: *To manage all resources responsibly.*

Courage: *To dare to take the risks our Mission demands of us.*